Behavioral Health Homes: An Innovative and Integrated Approach to Care
Where did it all begin?

Better Health

Better Care

Lower Costs
Maine’s Health Home Movement

~ 600 Maine Primary Care Practices

~190+ NCQA PCMH recognized practices

175+ Health Home Practices

Payers:
- Medicare
- Medicaid (HH)
- Commercial plans (Anthem, Aetna, HPHC, MCHO)
- Self-funded employers

75 PCMH Pilot Practices

Payer: Medicaid

24 Behavioral Health Home Organizations

14 FQHCs CMS APC Demo

Payer: Medicare
What is it?

A MaineCare Service outlined in Chapter II, Section 92 of MaineCare Benefits Manual

Choice driven service that aligns with current Community Integration Services (Section 17) & Target Case Management Services (Section 13)

Who can receive this service?

Adults living with a diagnosis serious mental illness and
Children living with a diagnosis of serious emotional disturbance
Behavioral Health Homes in Maine

Who Provides the Service?

Licensed Community Mental Health Agency + Primary Care Practices = Behavioral Health Home Organizations

24 Behavioral Health Home Organizations in Maine
55 locations across the state
10 Core Expectations

1. Demonstrated provider leadership
2. Team-based approach
3. Population risk-stratification and management
4. Enhanced access to care
5. Comprehensive consumer/family directed care planning
6. Behavioral-physical health integration
7. Inclusion of members & families
8. Connection to community
9. Commitment to Improve efficient use of health care
10. Integrated HIT
Person Centered Team

- Certified Peer Support Specialist (CIPSS)
- Family or Youth Support Specialist
- Health Home Coordinator for Members with Serious Mental Illness
- Health Home Coordinator for Members with Serious Emotional Disturbance
- Psychiatric Consultant
- Nurse Care Manager
- Clinical Team Leader
- Admin Team Leader
- Medical Consultant
United Cerebral Palsy (UCP) of Maine

13 to 5

UCP’s Nurse Care Manager used the MaineCare portal and noted that one child was on 13 medications. Working with the family, a new provider, and a medical reconciliation process, the medications were reduced to 5.

The child is happier and healthier. He has lost weight, is able to stay in school, and has avoided a Spring Harbor hospitalization.
Tri-County Mental Health Services

69 to 1

In the year prior to BHH Services, one client served by Tri-County was in the Emergency Department (ED) 69 times. Since enrolling in BHH services, he has been in the ED once.
Crisis and Counseling Centers, Inc.

0 to 14

Crisis and Counseling Centers is embracing the model of integration, partnering with 3 other BHHOs and MaineGeneral, as Mid-Maine Behavioral Health. This group has developed Memorandums of Understanding with 14 Health Homes since the implementation of BHH.
Discussions with the Teams!

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