

Care Management Referral Criteria

Newly diagnosed individuals would always be candidates for care management & providers are strongly encouraged to refer these individuals to care management for support and education.

HIGH RISK	MODERATE RISK
1 or more of following; compounding increases risk	
Diabetes	Diabetes
HbA1C results of ≥ 9 or more	HbA1C results ≥ 7 but < 9
LDL results of 130 or more	LDL results of ≥ 100 but < 130
BP 140/90 or higher	BP $\geq 130/80$ but $< 140/90$
BMI indicates patient is obese (adult BMI > 30)	BMI indicates patient is overweight but not obese (adult BMI > 25 but < 30)
ED visit for diabetes in past 6 months	
Inpatient admission for diabetes in past 6 months	

Asthma	Asthma
ED visit for asthma in past 6 months	Patient with persistent asthma with no action management plan in past 12 months
Inpatient admission for asthma in past 6 months	Not referred for asthma education
Currently using or exposed to tobacco	
Patients with persistent asthma not using controller med	
ACT score of 19 or less	

Depression	Depression
PHQ-9 score > 14	PHQ-9 score 10 ->14 & treatment modality is "watchful waiting"
PHQ-9 score 10 ->14 & function score is "very difficult" or "extremely difficult"	

CVD / HF	CVD / HF
ED visit for CVD / HF in past 6 months	LDL results of ≥ 100 but < 130
Inpatient admission for CVD / HF in past 6 months	BP $\geq 140/90$ but $< 145/95$
LDL results of 130 or more	BMI indicating patient is overweight but $<$ obese (adult BMI > 25 but < 30)
BP 145/95 or higher	
BMI indicating patient is obese (adult BMI > 30)	